



CANDLE SPA



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Born in 2010, the Candle Spa intends to offer its clients the true meaning of relaxation. Composed of 3 distinct areas: Wellness Area, Gym and Massage Cabinets, the Candle Spa awaits your visit!

Recently renovated, its spaces inspire contact with nature and the encounter with the identity of Alto Minho, through our signature massages, highlighted by products related to the sea and the mountains.

The Candle SPA wellness area includes an indoor heated pool with water relaxation circuit, jacuzzi, sauna, turkish bath and gym.

The massage and treatment area includes 3 massage rooms, Scottish shower and Vichy shower with exclusive access to the wellness area to enjoy a tea ritual.

In 2020, the Kids Spa was inaugurated, a space dedicated entirely to children with the possibility of having massages appropriate for each age group.

Folha D'Água is part of our massage and health & well-being line, producing and selling 100% natural products. Based on aromatic and medicinal plants, used by our therapists with regional ingredients that give authenticity to the treatments on our menu.





CANDLE SPA MENU



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Signature Treatments

Porta do Sol Treatment 90' 99€

Facial Treatment

Personalized to your Skin 50' 55€

Water Treatments

Scottish Shower 10' 15€

Vichy Shower Scrub 30' 45€

Vichy Shower Massage 30' 40€

Body Treatments

Marine Scrub 30' 40€

Walnut peel Scrub 30' 40€

Detox Treatment 60' 70€

Nourishing Treatment 60' 70€

For 2 People

Relaxing Oil Massage 50' 110€

Hot Rocks Massage 50' 120€

Moment for 2 70' 150€

For Children

Kids Massage 20' 25€

Parents and Children Massage 70' 82€

SpaKids Party Info. via e-mail

Localized Massages

Chair Express Massage 15' 15€

Back Massage 25' 40€

Tired Legs Massage 25' 40€

Massages

Relax 50' 60€

Future Mum 50' 60€

Lymphatic Drainage 50' 60€

Hot Candles Massage 50' 65€

Shaping Massage 50' 65€

Sport Massage 50' 65€

Prices with VAT included at the current rate / Not combinable with discount vouchers and other promotions in effect.



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Holistic Massage

Reflexology	45'	45€
Bambu Therapy	55'	60€
Ayurvédica	50'	60€
Hot Rocks Massage	50'	65€

External Clients Access

Adults	50'	20€
Children 3-10 years	50'	12,5€
Above 3years	50'	Free

Equipment

Shower Cap (unit)	5€
Flip Flops	5€
Robs (rental/unit)	3€
Disposable Diapers (unite)	3€

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CANDLE SPA SCHEDULES, TERMS & CONDITIONS



Gym

Schedule: Daily from 9 a.m. to 1 p.m. and from 3 p.m. to 8 p.m.

Prior reservation at the spa reception subject to availability,
Maximum limit in the Training Room – 6 people,
Availability of a training towel in the gym facilities.

Wellness Area and Spakids

**Schedule: Monday to Saturday from 9 a.m. to 1 p.m. and from 3 p.m. to 8 p.m.
Sunday from 8 a.m. to 8 p.m.**

Children under 8 years old are only allowed to use it provided they are accompanied by an adult and their stay is restricted to the Spakids area, not being able to use the adult pool,
From 7pm, the Wellness area is exclusive to people over 16 years old,
Use of the wellness area: by appointment and subject to availability;
The use of a cap and slippers is mandatory;
Children under 3 years of age must use a diaper in the Spakids pool.
Use time limit 50 minutes;
Everyone's well-being is very important, so we appreciate you minimizing noise.

Massages and Treatments:

Schedule: Daily from 9 a.m. to 1 p.m. and from 3 p.m. to 8 p.m.

Prior reservation subject to availability;
Reservations canceled up to 24 hours before will not be charged any fees,
Bookings canceled less than 24 hours will be charged a 50% fee
In case of no-show, the treatment/massage will be charged in full;
We appreciate your coming 20 minutes before your treatment in order to complete the necessary documents and relax in our environment.



CANDLE SPA RULES AND ETIQUETTE



Rules and Etiquette Candle Spa

Candle Spa reserves the right to change opening hours without prior notice.

We inform all customers that we are not responsible for any damage that may arise in the use of our areas.

Please note that guests who do not comply with spa etiquette may be asked to leave the premises.

All treatments are charged to your room and paid at check-in if booked in advance, or at check-out if booked later.

For external customers, payment is made at the time of booking.

For any questions or information, please contact us at candlespa@hotelportadosol.com